

JUBILEE YEAR OF HOPE 2025

*Our Lady Help Of Christians Parish Church, Rosemeadow
Designated Special Place of Pilgrimage*



Jubilee Year Liturgical Celebrations at Our Lady Help of Christians Parish, Rosemeadow

for Visits and personal prayer

The Church is open

Tuesday - Saturday from 9am – 4pm

Sundays – 8am – 2pm

Note: The Church is closed on Mondays

Individuals: are welcome to visit the Church at any time

Pilgrimage Groups: are welcome to visit the Church, but are asked to contact the Parish Office to notify us and ensure there are no other liturgical celebrations occurring at the time of your visit.

First Friday of each month: Exposition and Benediction of the Blessed Sacrament:

11am – 12 noon

Saturday 1st March; 7th June; 6th September; 6th December:

10am: Mass

11am – 3pm: Exposition of the Blessed Sacrament

11am – 12noon: Confessions

1pm – 2pm: Confessions

Parish Mass Times: Tuesday: 6.30pm

Wednesday: 9am (Exposition from 8am)

Thursday: 9am

Friday: 8.20am

Saturday: 4pm Vietnamese Community Mass

Saturday: 6pm Vigil Mass

Sunday: 8.30 am & 10am (Sung Mass)

PLEASE NOTE: *There may be other unscheduled Liturgies, (Weddings, Funerals, Baptism etc) during these times.*

PASSPORT STAMP: Available for you to stamp your Pilgrim Passport at the church Notice Board.

JUBILEE PRAYER

Father in heaven, may the *faith* you have given us in your son, Jesus Christ, our brother,
and the flame of *charity* enkindled in our hearts by the Holy Spirit, reawaken in us the blessed *hope*
for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform
from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth,
when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth

To you our God, eternally blessed, be glory and praise for ever. Amen.

**“Now the time has come for a new Jubilee, when once more the Holy Door will be flung open to invite
everyone to an intense experience of the love of God” (Spes non confundit [SNC], 6)**

Pope Francis’ Papal Bull Announcing the Jubilee Year of Hope (Hope does not Disappoint, Rom5:5)

In the Bull announcing the Ordinary Jubilee of 2025, the Holy Father calls on all Christians to become pilgrims of hope. This is a virtue which must be sourced above all in the grace of God and in the fullness of His mercy. It is to be rediscovered in the signs of the times, which, encompassing "the yearning of human hearts in need of God’s saving presence, ought to become signs of hope" (SNC, 7).

Pope Francis underlines how the Jubilee Indulgence acquires "an even more important meaning" at this moment in history when once again many peoples are prey to brutality and violence. In this context God's mercy becomes the "indulgence on the part of the Father who, through the Bride of Christ, his Church, reaches the pardoned sinner and frees him or her from every residue left by the consequences of sin". Similarly, the Holy Father declares that the gift of the Indulgence "is a way of discovering the unlimited nature of God's mercy. Not by chance, for the ancients, the terms 'mercy' and 'indulgence' were interchangeable, as expressions of the fullness of God's forgiveness, which knows no bounds" (SNC, 23). The Indulgence, therefore, is a special Jubilee grace.

And so, also during the Ordinary Jubilee of 2025, by will of the Supreme Pontiff, this 'Court of Mercy', which is responsible for all that concerns the granting and use of indulgences, wishing to encourage the souls of the faithful and nourish the pious desire to obtain the Indulgence seen as a gift of grace specific to each Holy Year, establishes the following indications, so that the faithful may take advantage of the "norms for obtaining and rendering spiritually fruitful the practice of the Jubilee indulgence" (SNC, 23).

During the Ordinary Jubilee of 2025, all the faithful, who are truly repentant and free from any affection for sin and who, during the Holy Year, purified through the sacrament of penance and refreshed by Holy Communion, pray for the intentions of the Supreme Pontiff, will be able to obtain from the treasury of the Church a plenary indulgence, with remission and forgiveness of all their sins, which can be applied in suffrage to the souls in Purgatory in the following ways.

The Confessional, a Holy Door to the soul

Bishop Krzysztof Józef Nykiel, Regent of the Apostolic Penitentiary, recently reflected on the time of spiritual renewal, conversion, and reconciliation offered by the Jubilee Year. He explained that the Holy Doors are a symbol of the gate of salvation opened by Christ. "An indulgence" he said, "is the tangible manifestation of God's mercy, which transcends and transforms the limits of human justice." Speaking to Vatican Media, he said that we learn of its significance by studying the lives of the saints, adding that "Looking at their example, we see that God's grace can transform even the greatest weaknesses. It gives us hope for the forgiveness of our sins and support in following the path to holiness."

"An indulgence frees the heart from the burden of sin so that the redress can be made in full freedom," .

Conditions for obtaining an indulgence

He recalls that "to receive plenary indulgence during the Jubilee Year 2025, the faithful must observe specific conditions set by the Church: sacramental confession, Eucharistic Communion, confession of faith, prayer for the intentions of the Supreme Pontiff, works of mercy, pilgrimage to holy places, an interior disposition of complete detachment from sin, even venial sin."

Pilgrims for Christ

Referring to the Bull announcing the Ordinary Jubilee Year 2025, Bishop Nykiel observes that a pilgrimage is the core event of any jubilee event. "In its essence, a pilgrimage is a Christian's personal journey in the footsteps of the Redeemer. It encapsulates the meaning of human life; as St. John Paul II pointed out, The whole of the Christian life is like a great pilgrimage to the house of the Father (Tertio millennio adveniente, 49). To embark on a pilgrimage, to set out on a journey, does not simply entail a change of a physical location but a transformation of oneself. (...) In this sense, the pilgrimage of the Jubilee Year begins before the journey itself, before taking the first step. In other words, it starts with the decision to go, a decision taken for Christ. (...) Without it, it will be difficult to live the experience of conversion, of changing one's life in order to channel it towards God's holiness."

Confession is an indispensable element of a pilgrimage

Furthermore, Bishop Nykiel indicates that Confession is an indispensable element of a pilgrimage seen as an experience of conversion. During confession "We recognise our sins and present them to God, asking His forgiveness," he said, adding that "The priest is a steward, i.e. a servant, and at the same time a prudent administrator of God's mercy. He is entrusted with the serious responsibility of 'forgiving or retaining sins' (see Jn 20;23)."

Meaning of the Holy Door

Pointing to the importance of passing through the Holy Door, Bishop Nykiel explains that they are a symbol of the gate which leads to the salvation of the soul, and which has been opened by Christ. "They represent a call to a transformation of life, to reconciliation with God and one's neighbour. Therefore, passing through them evokes the passage from sin to grace, which every Christian is called to do. There is only one access that opens the door to life in communion with God; it is Jesus, the only way of salvation."

Jubilee Indulgence

During the Ordinary Jubilee of 2025, all the faithful, who are truly repentant and **free from any affection for sin (including venial sin)** and who, during the Holy Year, **purified through the sacrament of penance and refreshed by Holy Communion, pray for the intentions of the Supreme Pontiff, will be able to obtain** from the treasury of the Church **a plenary indulgence**, with remission and forgiveness of all their sins, which can be applied to themselves or in suffrage to the souls in Purgatory **in the following ways**.

1. Pilgrimages

The faithful, pilgrims of hope, will be able to obtain the Jubilee Indulgence granted by the Holy Father if they undertake a pious pilgrimage:

to any sacred Jubilee site: by devoutly participating in Holy Mass; a ritual Mass for the conferral of the sacraments of Christian Initiation or the Anointing of the Sick; or any of the following: a celebration of the Word of God; the Liturgy of the Hours (office of readings, lauds, vespers); the Via Crucis (Stations of the Cross); the Marian Rosary; the recitation of the Akathist hymn; a penitential celebration, which ends with the individual confessions of the penitents. **(This includes OLHC Parish Church).**

2. Pious visits to sacred places

Likewise, the faithful can obtain the Jubilee Indulgence if, individually or in a group, they devoutly visit any Jubilee site **(This includes OLHC Parish Church)** and there, for a suitable period of time, engage in Eucharistic adoration and meditation, concluding with the Our Father, the Profession of Faith, and invocations to Mary, the Mother of God, so that in this Holy Year everyone "will come to know the closeness of Mary, the most affectionate of mothers, who never abandons her children" (Spes non confundit, 24).

The faithful who are truly repentant of sin but who cannot participate in the various solemn celebrations, pilgrimages and pious visits for serious reasons (especially cloistered nuns and monks, but also the elderly, the sick, prisoners, and those who, through their work in hospitals or other care facilities, provide continuous service to the sick), can obtain the Jubilee Indulgence, under the same conditions if, united in spirit with the faithful taking part in person, (especially when the words of the Supreme Pontiff or the diocesan Bishop are transmitted through the various means of communication), they recite the Our Father, the Profession of Faith, and other prayers in conformity with the objectives of the Holy Year, in their homes or wherever they are confined (e.g. in the chapel of the monastery, hospital, nursing home, prison...) offering up their sufferings or the hardships of their lives.

3. Works of mercy and penance

In addition, the faithful will be able to obtain the Jubilee Indulgence if, with a devout spirit, they participate in popular missions, spiritual exercises, or formation activities on the documents of the Second Vatican Council and the Catechism of the Catholic Church, held in a church or other suitable place, according to the mind of the Holy Father.

Despite the rule that only one plenary indulgence can be obtained per day, the faithful who have carried out an act of charity on behalf of the souls in Purgatory, if they receive Holy Communion a second time that day, can obtain the plenary indulgence twice on the same day, **applicable only to the deceased** (this must take place within a Eucharistic celebration. Through this double act, a praiseworthy exercise of supernatural charity is carried out, through that bond by which the faithful still journeying on this earth are united in the mystical Body of Christ, with those who have already completed their journey, by virtue of the fact that "the Jubilee indulgence, thanks to the power of prayer, is intended in a particular way for those who have gone before us, so that they may obtain full mercy" (Spes non confundit, 22).

In a special way "during the Holy Year, we are called to be tangible signs of hope for those of our brothers and sisters who experience hardships of any kind" (Spes non confundit, 10). Therefore, the Indulgence is also linked to certain works of mercy and penance, which bear witness to the conversion undertaken. The faithful,

following the example and mandate of Christ, are encouraged to carry out works of charity or mercy more frequently, especially in the service of those brothers and sisters who are burdened by various needs. More especially, they should rediscover these “corporal works of mercy: to feed the hungry, give drink to the thirsty, clothe the naked, welcome the stranger, heal the sick, visit the imprisoned, and bury the dead” and rediscover also “the spiritual works of mercy: to counsel the doubtful, instruct the ignorant, admonish sinners, comfort the afflicted, forgive offences, bear patiently those who do us ill, and pray for the living and the dead” (ibid).

In this way, the faithful will be able to obtain the Jubilee Indulgence if they visit, for an appropriate amount of time, their brothers and sisters who are in need or in difficulty (the sick, prisoners, lonely elderly people, disabled people...), in a sense making a pilgrimage to Christ present in them (cf. Mt 25, 34-36) according to the usual spiritual, sacramental and prayer conditions. The faithful can repeat these visits throughout the Holy Year, even daily, acquiring a plenary indulgence each time.

The Jubilee Plenary Indulgence can also be obtained through initiatives that put into practice, in a concrete and generous way, the spirit of penance which is, in a sense, the soul of the Jubilee. In particular the penitential nature of Friday can be rediscovered through abstaining, in a spirit of penance, at least for one day of the week from futile distractions (real but also virtual distractions, for example, the use of the media and/or social networks), from superfluous consumption (for example by fasting or practising abstinence according to the general norms of the Church and the indications of the Bishops), as well as by donating a proportionate sum of money to the poor; by supporting works of a religious or social nature, especially in support of the defence and protection of life in all its phases, but also by supporting the quality of life of abandoned children, young people in difficulty, the needy or lonely elderly people, or migrants from various countries “who leave their homelands behind in search of a better life for themselves and for their families” (Spes non confundit, 13); it can also be obtained by dedicating a reasonable portion of one’s free time to voluntary activities that are of service to the community or to other similar forms of personal commitment.

Jubilee Indulgence – Summary

During the Jubilee Holy Year of 2025, the faithful can obtain a plenary indulgence of complete forgiveness of all their sins and their temporal effects, which can be applied to themselves or in suffrage to the souls in Purgatory, by fulfilling *all* the following conditions:

Detachment from sin

Are truly repentant and free from any affection for sin (including venial sin)

Sacrament of Penance

Participate in the Sacrament of Reconciliation (Confession) within 20 days before or after the indulgenced act.

Eucharistic Communion

Receive Holy Communion (the Body and Blood of Christ), ideally on the same day as performing the indulgenced act; or within 20 days before or after the indulgenced act.

Prayers for the pope’s intentions

Offer prayers (Our Father, Hail Mary, and Glory Be) for the intentions of the pope (and for the good of the Church and the world).

And ONE of the following:

Make a **pilgrimage** *any sacred Jubilee site* and devoutly participate in Holy Mass of a celebration of the Word of God.

Make a **pious visit** to *any sacred Jubilee site* and there spend time in prayer or meditation such as the Liturgy of the Hours, Eucharistic adoration, Stations of the Cross, the Rosary, the Profession of Faith.

Perform a **work of mercy or penance** such as any of the corporal or spiritual works of mercy. This includes donating to charitable causes, visiting the sick and lonely, praying for the living and the dead, helping the needy, praying for others, forgiving those who hurt us, practising works of abstinence and fasting, patient endurance in sickness and physical afflictions, or any other act of charity performed in the love of Christ for one’s brothers and sisters in any kind of need.